



# Warton Nethersole's CE Primary School

Phone: 01827 894182 Email: admin@warton.heartwoodmat.co.uk

Newsletter Term 3 Week 3: Friday 22<sup>nd</sup> January 2021

'Do for other people the same things you want them to do for you' - Matthew 7.12

Dear Parents,

I want to start this week's newsletter by thanking you all for your support in these very difficult times. I have spoken with many supportive parents on the phone over the past few weeks and received emails of positivity and sharing these messages with our wonderful staff team has really helped – thank you.

I also want to take this opportunity to ask that you also now give yourselves some positivity and kindness. In my many phone calls this week there have been lots of tears, questions, doubt and struggle and my message to parents has stayed the same; do your best. If some days not all of the work is done but you've had a go and done your best -see it as a success. You are doing a great job in a very challenging situation. At Warton, we have to meet DfE expectations on what good home learning looks like and we really want you to have a go at as much of this as possible but when it isn't possible please don't worry. We will be here to support your children, show them kindness and community and then fill any gaps in their learning once we are all back in school. Fingers crossed it won't be too long to wait.

In the meantime, please do get in touch if you need any support and stay safe,

Miss Friend  
Head Teacher

## Living the Values

This week in Collective Worship we looked at the core value of Love and you can see more about this on the last page of the newsletter. Please do keep watching our collective worship videos on Tapestry- there will be one every Monday and Friday. This term was meant to be the term of 'Love' but as we are not in school as planned, I will be recording a worship on each of our 6 values for each week of the term as an introduction to our new values that were chosen by our children before Christmas. Please find a prayer written about our value of trust below from Amelia, one of our worship leaders for you to read at home if you wish. Thank you for such insight Amelia.

Dear God,

*Thank you, Lord, for being our one constant -in these times of uncertainty and fear especially. I pray that you will continue to keep us safe in the knowledge that we can turn to you... always.*

Amen





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## Star of the Week!

During this time of school closure we have tweaked our celebrations in collective worship to ensure that all children can be recognised for their efforts both in school and while working at home. You will have seen in last week's and today's collective worship that certificates are being sent as postcards home for achievement, effort and demonstrating our values and have been chosen based on what we have seen in school, on Tapestry and discussed in phone calls home.

Well done to all of this week's winners!

Willow: Daniel H, Caleb R, Harry G

Sycamore: Lily H, Max Y, Dylan P, Emily G, Reece W

Beech: Eva O, Emily S, Leyla H

Maple: Kesa O, Tommy H, Bethany C

Rowan: Minnie C, Tyler B, Millie-May

Oak: Harry R, Phoebe G, Will C

### Uploading Home Learning

Where possible, please upload work onto Tapestry as it is completed so that our staff can provide quick and personal feedback to children at home. We will, of course, still look at work uploaded at a later date and provide some positive praise for all of your child's hard work and effort but our feedback will be more impactful if given quickly after the work is completed. If you have a paper pack then please upload pictures of this each day too or drop them into school for marking. Thank you!

### Free School Meals

If you are entitled to free school meals support then you should have received a voucher via email this week. If you haven't or need any support in redeeming it then please contact Mrs Parker via phone or email as soon as possible.

### Mrs Shigdar's Tips for Wellbeing!

Mrs. Shigdar, our family support worker, has been enjoying the benefits of calming activities to keep her relaxed and stress free, so thought she would share one with you to try at home each week. These activities will focus your mind and senses to the environment around you. They can help manage stress, anxiety, negative thinking and make you feel empowered and more positive.



**Heartbeat Exercise** - this is a grounding exercise, allowing you to focus on what is happening within your body. Start by setting a timer for 1 minute, within that minute do as many star-jumps or jumping on the spot as you can. Once the timer goes off, STOP. Place a hand over your heart, paying attention and focusing on how your heart is beating, what your breathing is like – is it super-fast or really slow. Discuss how it feels. This type of activity is good when feeling stressed as it allows a distraction and the ability to refocus on what you are doing with a new burst of energy.



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### Living the Values

In Monday's collective worship, I introduced our value of Love. We talked about how this value was the core value in the bible and how we couldn't live our other school values without love. I read the story of the Good Samaritan and we thought about what love really means and how we can show love while we are learning at home and not always seeing those we care about.

I also set you a challenge to create a logo for love and some of you have done this and more! I have seen posts on Tapestry about how you are showing love to others through your words, actions and thoughts and I am really proud! Here are some of your love logo ideas as well as other acts of love- keep them coming in if you haven't done one already!



Annie from Beech designed two logos! I love this one which shows love through the story of The Good Samaritan.



Lewis from Maple designed this rainbow and heart inspired logo- well done! And beneath Savannah from Sycamore has a love filled design!



Bethany from Maple has really captured some key symbols for love in this logo design. It reminds me of the creation story too. Well done!



Lily from Sycamore has been creating logos, pictures and hearts for family and neighbours to show that she cares- well done Lily!

