



Warton Nethersole's CE Primary School

Phone: 01827 894182 Email: admin@warton.heartwoodmat.co.uk

<https://warton.bdmat.org.uk/>

Newsletter Term 3 Week 3: Friday 21st January 2022

Be Courageous. Be Strong. Do Everything with Love. (1 Corinthians 16:13-14)

Dear parents,

This week we have been thinking about our dreams and ambitions – linked to a PSHE lesson about our goals and in collective worship this morning we had some lovely responses to what it was our children wanted to achieve in their lives. We had Josiah in Willow Class talk about his dream to be an engineer and build a castle, Zach in Rowan explained his ambition to be a pilot in the military, Harry in Beech wants to walk on the moon and Isla in Maple described her dream job of being an animal physiotherapist!

Each week in our celebration service I share a 'Hero of the Week' - recently this has included Zara Rutherford- the youngest woman to fly solo around the world, Preet Chandi- a woman from Derby who recently made it to the South Pole and Akaki Kuumeri a You Tuber who has designed a 3D printer modification to a PlayStation controller for people with a disability. Our children can achieve anything – and while so many children since my collective worship have been to share their dreams and ambitions with me.... I haven't got to everyone. Perhaps over dinner this evening you can talk to your children about their goals... who from Warton will be the first to the moon or the first to get an Olympic medal?!



Susan Friend
Head Teacher

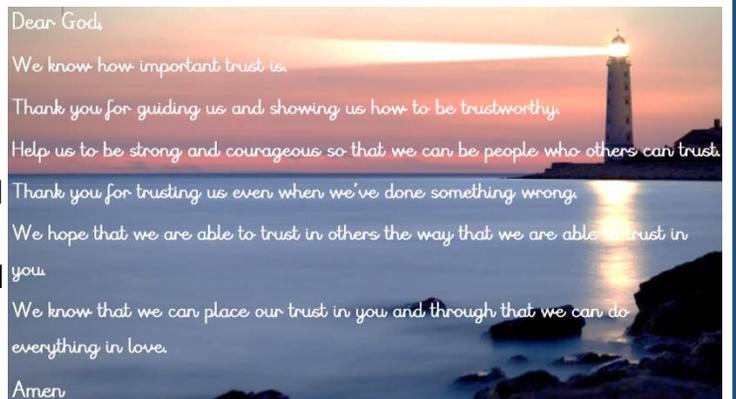
Living our Values



In Collective Worship on Monday we had Reverend Joanne join us to develop our understanding of Trust and she did this through the story of 'Jesus Calms a Storm'. The version she read was written by Archbishop Desmond Tutu – somebody that we learnt about in

Collective Worship last week. Reverend Joanne taught us that just like Jesus asked his friends to trust him during the storm, Christians can also trust in him. As a school we have written a prayer for Trust that you might want to share at home:

Dear God,
We know how important trust is.
Thank you for guiding us and showing us how to be trustworthy.
Help us to be strong and courageous so that we can be people who others can trust.
Thank you for trusting us even when we've done something wrong.
We hope that we are able to trust in others the way that we are able to trust in you
We know that we can place our trust in you and through that we can do everything in love.
Amen





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Head Teacher Gold Award



This week our Gold Award goes to William in Beech Class. Mrs Roberts and I are both so proud of William who has been contributing brilliantly in the classroom, working really hard, trying his best with his work and listening really carefully to his teacher! We are so proud of his growing confidence and his keenness to do well! Fantastic!

Mrs Shigdar's Tips for Wellbeing!

Mrs. Shigdar, our family support worker, has been thinking of ways to support our children and our families at home. Each week she shares a tip with you all to try and think about.



Seasonal Affective Disorder

Or as most of us refer to it, **SAD**, can affect anyone during the winter months as the days are shorter, resulting in it turning darker earlier. This lack of day light hours affects the brain, tricking it into making more of the chemical Melatonin. This chemical is what makes us feel sleepy and low in energy. The brain also produces a second chemical called Serotonin. This chemical is linked to our mood and energy levels. When we are exposed to sunlight, our bodies naturally produce more of this chemical and we feel happier and full of joy. When we are deprived of sunlight, our bodies produce less Serotonin, so we feel the opposite, sad and unhappy. **SAD** does not just affect adults but our children and young people also.

As a parent you may notice your child or young person shows a lack of motivation, has no energy, has lost interest in things or is displaying a poor negative attitude. They may seem more sensitive to being told off or criticised, they may sleep more and find it more difficult to wake in the mornings, it can affect their eating habits, as they crave more sugary foods for comfort. This change in behaviour and attitude can be dismissed as part of their development or them being a teenager. It may be due to **SAD** and as we have just read, the lack of happy chemicals being produced by our bodies.

If you notice these changes in your child or young person, talk to them about it. Point out they don't seem themselves lately, mention their lack of energy and sleep pattern, ask them how they are feeling, allowing them the opportunity to tell you and describe how they feel.

Some things that have been known to help when feeling **SAD** is getting as much natural sunlight as possible. Try going on a daily walk together, using that time to talk or you can purchase a 'full-spectrum' day-light bulb, that can fit into your regular bulb sockets within the home. If you are worried or concerned about your child or young person, make an appointment with your doctor to discuss further.

The good thing is feeling **SAD** is not a permanent feeling, it is as the name says Seasonal. So as the season changes from winter to spring and our days become longer, with more hours of sun and daylight, those **SAD** feelings will start to lift, becoming less and less and the feelings of joy and happiness return and now we know why.



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Multiplication Check - Year 4

As many of you know, Year 4 children will now sit a times table check. Originally meant to begin in 2019, this check has been postponed as a result of the pandemic and is due to take place in June this year for all year 4 children. The multiplication check is taken online and consists of 25 questions with children having just 6 seconds to answer each one. It's quick! Here at Warton we are preparing all of our children for the check and have started fortnightly practice checks with daily multiplication lessons between each one.

In order to find out more and hear more ways to support your child at home, we are hosting a short information session on Zoom on Thursday 3rd February at 4pm. We expect the session to last 15-20 minutes with some time to answer your questions and we will send out the link to the time.

We really hope to see all of our year 4 parents there!



This week we have said a temporary farewell to Mrs Dormand, who begins her maternity leave. I know that you all join me in sending her and her family the very best and we look forward to seeing her back in school very soon. We will let you know as soon as the new addition to our Warton Family arrives!



Attendance

We understand that attendance at school has been affected by Covid significantly – not just here but of course across the country and the globe. We have noticed though, that here at Warton, attendance isn't always as good as it could be when it isn't Covid related. We have recently implemented a new attendance policy, which you can find on our website, and this may mean that we contact you about your child's attendance over the next few weeks. Our school target for attendance is 96%. Pupils are 'Persistently Absent' if they have more than 10% absence from school and we have a significant number of cases where this is happening. Mrs Shigdar will be helping to support with attendance –we want to help –and so she may be calling you over the next few weeks to offer a listening ear and suggest how attendance can be improved. We will also be sending home attendance letters to all families at the end of this half term.

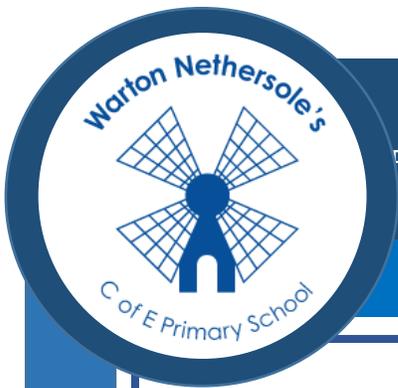
Stage 1 – Initial Concern (below school target of 96%) – Pupil's attendance level has fallen below the school target. Letter sent to parents/carers voicing concerns and offering the parent/carer the opportunity to contact the school to discuss concerns.

Stage 2 – Informal School Target (92%) – Pupil's attendance level not improving after initial concern letter. Pupil will be set an individual attendance target. Parent/carer offered an opportunity to contact the school to discuss concerns.

Stage 3 – School Target (90%) – Pupils attendance level still not improving. Parents/carers invited into school for a meeting to discuss concerns. Individual attendance target set; any absence during this period will be unauthorised unless covered by medical evidence. Targets will still be set should a parent/carer decline the offer of a meeting.

Stage 4 – Referral to Warwickshire Attendance Service (WAS) if attendance target is not achieved and satisfactory reasons cannot be given / falls below 85%.

Stage 5 – Penalty Notice/Legal Action – Failure to achieve the WAS target may result in a Fixed Penalty Notice of up to £120 per parent. Non-payment of this fine may lead to legal action and a maximum 3 month jail sentence



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Our first day back this term was spent learning more about our school value Trust. The children have learnt about trust both in our communities and our own school community. As you can see from our photos each class have been painting stones all around our Trust value, and have enjoyed placing them in our reflection area.



Current Isolation Rules

People who are self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. All test results should be reported to NHS Test and Trace.

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10-day period of self-isolation.

Diary Dates

Diary Dates

January

24th- Year 6 to Polesworth for production of Grease! Cancelled!

28th- Willow and Oak Height and Weight

February

3rd – Year 4 Parents Meeting- Multiplication Check (4pm)

7th – Children's Mental Health Week

8th – Safer Internet Day

18th- Willow Class Trip

18th- Last day of Term

28th- INSET Day

March

1st- Children back in school

3rd – World Book Day

18th – Comic Relief